

# Canadian National Cross Country Championships

Guelph, ON

November 28th, 2009

2009 Canadian National Cross Country Championships

## Senior Men

Place	Time	km	#	Name	Club	Year
1	28:49.8	2:53	577	BAIRU, SIMON	QUEEN CITY STRIDERS	83
2	30:00.5	3:01	646	GILLIS, ERIC	SPEED RIVER TRACK &	80
3	30:11.4	3:02	642	BRUNSTING, MATTHEW	SPEED RIVER TRACK &	87
4	30:28.0	3:03	730	WIEBE, KELLY	U OF R COUGARS	89
5	30:32.5	3:04	622	GENEST, ALEX	SHERBROOKE	86
6	30:37.5	3:04	560	WYKES, DYLAN	PHYSI-KULT KINGSTON	83
7	30:38.4	3:04	601	SCULL, JEFF	RUNNERS EDGE TRACK C	85
8	30:45.0	3:05	653	MILNE, TAYLOR	SPEED RIVER TRACK &	81
9	30:46.1	3:05	565	MOSLEY, RICHARD	PRAIRIE INN HARRIERS	82
10	30:55.0	3:06	568	WHITFIELD, SIMON	PRAIRIE INN HARRIERS	75
11	30:56.1	3:06	724	KERR, GEOFF	U OF C ATHLETICS CLU	84
12	31:00.0	3:06	770	WINTER, CHRIS	UNATTACHED BRITISH C	86
13	31:02.0	3:07	295	NAGLE, CHRIS	LONDON RUNNER DISTAN	82
14	31:05.0	3:07	688	NAKLUSKI, DEREK	TORONTO OLYMPIC CLUB	82
15	31:09.3	3:07	103	FEWER, COLIN M.	ATHLETICS NORTH-EAST	77
16	31:14.8	3:08	813	BURKE, LOGAN	UNIVERSITY OF VICTOR	85
17	31:15.0	3:08	562	FINLAYSON, JAMES G.	PRAIRIE INN HARRIERS	72
18	31:15.5	3:08	566	OSADUIK, STEVEN J.	PRAIRIE INN HARRIERS	79
19	31:17.3	3:08	126	GOSSELIN, JAMES	BROOKS CANADA MARATH	77
20	31:19.9	3:08	807	MORRISON, SPENCER	UNIVERSITY OF TORONT	83
21	31:24.1	3:09	195	WEIKUM, JAMIE	EDMONTON THUNDER	89
22	31:25.2	3:09	681	HORTIAN, ADAM	TORONTO OLYMPIC CLUB	84
23	31:25.6	3:09	296	O'NEILL, KYLE	LONDON RUNNER DISTAN	89
24	31:26.1	3:09	801	KITZ, ROBERT	UNIVERSITY OF TORONT	85
25	31:27.0	3:09	556	PIETERSON, MATTHEW	PHYSI-KULT KINGSTON	82
26	31:28.4	3:09	657	THORSON, CLEVE	SPEED RIVER TRACK &	81
27	31:28.8	3:09	763	CLOUT, MATTHEW	UNATTACHED BRITISH C	81
28	31:29.7	3:09	563	GANT, DYLAN	PRAIRIE INN HARRIERS	86
29	31:31.9	3:10	564	JONES, KYLE	PRAIRIE INN HARRIERS	84
30	31:38.0	3:10	194	VOLLMER, MARK	EDMONTON THUNDER	80
31	31:50.8	3:12	656	SNIDER, DEREK	SPEED RIVER TRACK &	85
32	31:56.7	3:12	755	TETLEY, DUSTIN	UNATTACHED ATHLETES	87
33	32:00.5	3:13	783	KELLAR, ADAM	UNATTACHED-NEW BRUNS	84
34	32:01.7	3:13	765	FRIESEN, KEVIN A.	UNATTACHED BRITISH C	87
35	32:06.5	3:13	647	KOZIARSKI, STEPHEN	SPEED RIVER TRACK &	85
36	32:07.0	3:13	529	SWANSON, KRIS	PRAIRIE INN HARRIERS	81
37	32:08.0	3:13	613	EPP, JAMIE	SASKATOON TF CLUB	80
38	32:12.5	3:14	237	HENNIGAR, TOBY	HALIFAX TIGERS	84
39	32:13.8	3:14	533	FINN, RYAN	PHOENIX ATHLETICS AS	87
40	32:14.4	3:14	753	KASSAP, DANNY	UNATTACHED ATHLETES	82
41	32:15.9	3:14	654	PAQUETTE, MAXIME	SPEED RIVER TRACK &	84
42	32:18.2	3:14	841	BOOTH, MIKE	WINNIPEG OPTIMIST AT	80
43	32:20.2	3:15	160	HUFF, RYAN	DISASSOCIATED	88
44	32:21.3	3:15	308	WALTON, ADRIAN	LONDON RUNNER DISTAN	84
45	32:24.9	3:15	788	CALDWELL, TREVOR	UNIVERSITY OF TORONT	79
46	32:27.0	3:15	292	LAAN, BRANDON	LONDON RUNNER DISTAN	83
47	32:28.3	3:15	544	BOYD, STEVE	PHYSI-KULT KINGSTON	93
48	32:29.0	3:15	106	CARR, PAUL	BISON TRACK AND FIEL	86
49	32:30.9	3:16	822	COLLIN, OLIVIER	VAUDREUIL-DORION	89
50	32:31.0	3:16	184	LAMBERT, ADRIAN	EDMONTON THUNDER	85
51	32:31.8	3:16	803	MCCABE, JEFFREY	UNIVERSITY OF TORONT	83
52	32:36.8	3:16	598	SYLVESTRE, PHILIPPE	ROUGE ET OR DE L'UNI	82

53	32:41.7	3:17	391	BOURGEOIS, JOÀL	O2	71
54	32:46.2	3:17	113	MASON, JOHN	BRANTFORD T.F.C.	87
55	32:46.3	3:17	197	WOYTIUK, KURT	EDMONTON THUNDER	81
56	32:50.4	3:18	301	SMITH, BRENT	LONDON RUNNER DISTAN	87
57	32:53.1	3:18	107	DEJONG, CALVARY	BISON TRACK AND FIEL	86
58	32:54.9	3:18	335	JIBRIL, SAMI	MISSISSAUGA T.F.C.	89
59	32:56.0	3:18	599	ANDERSEN, JORDAN	RUNNERS EDGE TRACK C	87
60	32:56.2	3:18	754	SUNSERI, NICHOLAS	UNATTACHED ATHLETES	86
61	32:59.5	3:18	229	MCELLIGOTT, STEVEN	FLEUR DE LYS	83
62	33:00.8	3:19	811	YOHANNES, SELAM	UNIVERSITY OF TORONT	77
63	33:02.0	3:19	136	DIB, ABDELKADER	CALTAF ATHLETIC ASSO	89
64	33:02.5	3:19	110	TRANQUADA, ERIC	BISON TRACK AND FIEL	84
65	33:07.6	3:19	185	MCKAY, TRAVIS	EDMONTON THUNDER	85
66	33:08.9	3:19	705	ELES, STEPHEN	TRACK NORTH ATHLETIC	79
67	33:09.6	3:19	519	DESORMEAUX, KYLE	OTTAWA LIONS T.F.C.	80
68	33:14.9	3:20	776	HANDRIGAN, GRANT A.	UNATTACHED NEWFOUNDL	82
69	33:19.5	3:20	193	TORRANCE, BRIAN	EDMONTON THUNDER	76
70	33:22.5	3:21	861	EMAMAULLEE, FAIZAL		74
71	33:23.0	3:21	697	SMITH, KEVIN	TORONTO OLYMPIC CLUB	81
72	33:29.6	3:21	824	MONETTE, SEBASTIEN	VAUDREUIL-DORION	88
73	33:32.6	3:22	282	DE WITT, NATHAN	LONDON RUNNER DISTAN	85
74	33:36.3	3:22	528	ODERMATT, CRAIG	PACIFIC ATHLETICS	70
75	33:40.1	3:23	673	BANK, DARRYL	TORONTO OLYMPIC CLUB	83
76	34:03.4	3:25	302	STROKACH, ALEXEY	LONDON RUNNER DISTAN	88
77	34:06.8	3:25	151	CHADI, NICOLAS	CLUB D'ATHLETISME DY	87
78	34:09.3	3:25	188	RAUDEBAUGH, DALLAS	EDMONTON THUNDER	81
79	34:23.2	3:27	303	SUDA, MATT	LONDON RUNNER DISTAN	86
80	34:38.0	3:28	433	ENFIELD, JEFF	ONTARIO MASTERS ATHL	78
81	34:47.4	3:29	132	BRYDEN, JORDAN	CALGARY SPARTANS	86
82	34:50.1	3:30	559	STACEY, MATTHEW	PHYSI-KULT KINGSTON	81
83	34:51.5	3:30	774	BAZELEY, PETER	UNATTACHED NEWFOUNDL	84
84	34:54.6	3:30	297	PERKS, BEN	LONDON RUNNER DISTAN	79
85	35:00.9	3:31	250	KLAUS, ANDERS	HARBOUR TRACK	87
86	35:02.5	3:31	655	ROUNDELL, JOSH	SPEED RIVER TRACK &	86
87	35:12.1	3:32	227	LOFRANCO, JOHN	FLEUR DE LYS	77
88	35:20.6	3:33	751	ARCAND, ANTOINE	UNATTACHED ATHLETES	79
89	35:29.2	3:33	635	SPALVIERI, JUSTIN	SOUTH SIMCOE DUFFERI	89
90	36:14.6	3:38	387	PRATT, JONATHAN	NORTH BAY LEGION	84
91	36:49.2	3:41	756	WAKNINE, RAPHAEL	UNATTACHED ATHLETES	88
92	36:54.5	3:42	520	DUNKERLEY, JASON	OTTAWA LIONS T.F.C.	77