

# Canadian National Cross Country Championships

Guelph, ON

November 28th, 2009

2009 Canadian National Cross Country Championships

## Senior Women

Place	Time	km	#	Name	Club	Year
1	23:21.0	3:21	578	SCHAAF, KENDRA	QUEEN CITY STRIDERS	90
2	23:28.0	3:22	787	BROWN, MEGAN	UNIVERSITY OF TORONT	85
3	24:02.3	3:27	186	METCALFE, MEGAN	EDMONTON THUNDER	82
4	24:08.4	3:27	761	CAMPBELL, ANITA Y.	UNATTACHED BRITISH C	87
5	24:20.3	3:29	133	HARVEY, LISA	CALGARY SPARTANS	70
6	24:21.7	3:29	196	WIDNEY, CHANTELL	EDMONTON THUNDER	79
7	24:26.1	3:30	771	WODAK, NATASHA	UNATTACHED BRITISH C	81
8	24:49.0	3:33	596	CORMIER, CATHERINE	ROUGE ET OR DE L'UNI	87
9	24:52.8	3:34	732	SOUTER, JODI	U OF S HUSKIES	88
10	24:54.3	3:34	780	BINNE-HUSE, SUZANNE	FLEUR DE LYS	74
11	24:56.3	3:34	567	SMITH, LUCY	PRAIRIE INN HARRIERS	67
12	24:57.6	3:34	159	BUCHANAN, DANA	DISASSOCIATED	84
13	25:00.1	3:35	818	RODY, KRISTINA	VANCOUVER FALCONS AT	77
14	25:04.1	3:35	648	LAURIE, COURTNEY	SPEED RIVER TRACK &	88
15	25:08.5	3:36	179	FINDLAY, PAULA	EDMONTON THUNDER	89
16	25:13.8	3:37	603	BELANGER, VALERIE	SAGUENAY LAC ST-JEAN	89
17	25:14.7	3:37	105	BRUCKSCHWAIGER, KATRINA	BISON TRACK AND FIEL	82
18	25:32.4	3:39	875	VAUGHAN, KATE	NAUTILUS RUNNING CLU	84
19	25:33.7	3:40	815	BELLEAU-BELIVEAU, KARINE	VAINQUEURS (LES)	83
20	25:34.5	3:40	141	SIM, HEATHER	CALTAF ATHLETIC ASSO	85
21	25:45.6	3:41	527	MALUDZINSKI, LAURA	PACIFIC ATHLETICS	83
22	25:48.1	3:42	514	RIENDEAU, DANIELE	OTTAWA ATHLETIC CLUB	84
23	25:49.0	3:42	812	ZELAZO, SUZANNE	UNIVERSITY OF TORONT	76
24	25:50.0	3:42	257	RUUS, RACHEL	KAJAKS TRACK & FIELD	74
25	25:57.9	3:43	758	WYMAN, JILLIAN	UNATTACHED ATHLETES	89
26	26:06.9	3:44	728	O'CONNELL, JESSICA	U OF C ATHLETICS CLU	89
27	26:23.8	3:47	109	GREGOIRE, MELANIE	BISON TRACK AND FIEL	89
28	26:23.9	3:47	236	GOODFELLOW, HEATHER	HALIFAX TIGERS	73
29	26:24.2	3:47	388	ROBINS, DONNA MAE	NORTH BAY LEGION	76
30	26:25.3	3:47	713	FOX, ERIN	TRI CITY TRACK CLUB	85
31	26:46.3	3:50	137	DRESSLER, TARA	CALTAF ATHLETIC ASSO	84
32	26:47.7	3:50	731	SOUTER, JENNIFER	U OF S HUSKIES	84
33	26:49.5	3:50	793	CULLIS, JANE	UNIVERSITY OF TORONT	84
34	26:50.5	3:51	240	WATTERS, KAITLYN	HALIFAX TIGERS	86
35	26:50.8	3:51	799	JACOBS, ERIKA	UNIVERSITY OF TORONT	85
36	26:52.6	3:51	108	GINTER, LACEY	BISON TRACK AND FIEL	87
37	26:58.7	3:52	239	MCINNES, CAROLINE	HALIFAX TIGERS	81
38	27:15.2	3:54	102	STEWART, GINA	ANTIGONISH TRACK CLU	87
39	27:29.1	3:56	853	PISTOR, KATHRYN	YORK UNIVERSITY TRAC	87
40	27:30.6	3:56	828	BARIBEAU, SARAH	VERT ET OR UNVIERSIT	84
41	27:38.6	3:57	235	ERICKSON, ROBYN	HALIFAX TIGERS	86
42	27:42.9	3:58	547	HINTON, DORELLE	PHYSI-KULT KINGSTON	89
43	27:53.6	4:00	321	LEMON, KIMBER	LONDON WESTERN T.F.C	86
44	27:56.7	4:00	513	LYNCH, DAUN	OTTAWA ATHLETIC CLUB	81
45	28:06.5	4:01	850	COOPMAN, KAITLIN	YORK UNIVERSITY TRAC	84
46	28:08.0	4:02	283	DOUGLAS, BRONWEN	LONDON RUNNER DISTAN	87
47	28:27.7	4:04	595	BOIVIN, MARIANNE	ROUGE ET OR DE L'UNI	84
48	28:29.1	4:05	685	LAU, MONICA	TORONTO OLYMPIC CLUB	86
49	28:51.9	4:08	177	BOWERMAN, KIM	EDMONTON THUNDER	81
50	29:04.9	4:10	852	MARYUEN, CHANTELLE	YORK UNIVERSITY TRAC	89
51	29:54.7	4:17	808	SARDONE, LAURA	UNIVERSITY OF TORONT	84
52	30:00.7	4:18	851	HERNANDEZ, HANNA	YORK UNIVERSITY TRAC	89
53	30:34.1	4:22	385	FARLOW, ALI	NORTH BAY LEGION	86