

# Canadian National Cross Country Championships

Guelph, ON

November 27th, 2010

JUNIOR MEN

Place	Name	Team	Bib	Time
1	Ross Proudfoot	Team Ontario	375	24:27.7
2	Lucas Bruchet	Team BC	420	24:37.1
3	Robert Denault	Team Ontario	185	24:40.1
4	Connor Darlington	Phoenix Athletics A	238	24:42.4
5	Paul Janikowski	Team Ontario	501	24:46.2
6	Andrew Kowalsky	Team Ontario	502	24:47.2
7	Xavier King	Team Ontario	48	24:55.2
8	Daniel Piticariu	Windsor Legion Trac	510	25:05.2
9	Benjamin Raymond	Equipe Quebec	11	25:06.4
10	Jeremie Bourget	Timmins Porcupine T	414	25:11.6
11	Stephen Hosier	Durham Dragons Athl	46	25:19.1
12	Ian Donald	Speed River TFC	316	25:21.8
13	Emmanuel Boisvert	Equipe Quebec	525	25:23.0
14	Robert Asselstine	Physi-Kult Kingston	245	25:24.8
15	Matthew Johnson	Team Saskatchewan	459	25:27.6
16	Tristan Woodfine	Bytown Storm	570	25:28.5
17	Ben Flanagan	Tri City Track Club	566	25:31.4
18	Andrew Degroot	Newmarket Huskies T	183	25:32.4
19	Jay Boychuk	Durham Dragons Athl	41	25:34.8
20	Gareth Hadfield	Team Alberta	16	25:35.1
21	Kyle Grieve	Disassociated	33	25:40.0
22	Connor Clerke	Speed River TFC	314	25:40.6
23	Jordan Bierema	Durham Dragons Athl	40	25:41.7
24	Alexander Hinton	Physi-Kult Kingston	248	25:43.9
25	Charly Allan	Physi-Kult Kingston	240	25:53.3
26	Michael Pesce	South Simcoe Duffer	358	25:54.2
27	Justin Kent	Team BC	422	25:57.0
28	Ryan Sleiman	Windsor Legion Trac	511	25:57.5
29	Alex Denault	Newmarket Huskies T	184	25:58.3
30	Nick Falk	Windsor Legion Trac	500	26:04.8
31	Alex Freemantle	Newmarket Huskies T	187	26:06.8
32	Jeff Archer	Physi-Kult Kingston	244	26:08.5
33	Corey Bellemore	Windsor Legion Trac	496	26:10.1
34	Matthew Druken	South Simcoe Duffer	344	26:12.2
35	Daryl Smith	Windsor Legion Trac	512	26:17.8
36	Matthew Stephenson	Toronto Olympic Clu	410	26:19.4
37	Tim Huebsch	University of Briti	421	26:19.7
38	Adam Strueby	Team Saskatchewan	71	26:20.7
39	Ibrahim Ahmed	Niagara Olympic Clu	197	26:22.7
40	Blair Johnston	Team BC	555	26:22.9
41	Jack Williams	Ocean Athletics	222	26:25.8
42	Nicolas Deshaies	Equipe Quebec	527	26:26.3
43	Aaron Hendrikx	London Runner Dista	129	26:27.5
44	J�r�mie Pellerin	Team New Brunswick	219	26:28.0
45	Nathaniel Lamb	London Western Trac	153	26:30.0
46	Liam Delaney	Brockville Legion T	5	26:30.0
47	Matthew Hall	Sarnia Athletics So	299	26:30.2
48	McKay Wilson	Tri City Track Club	568	26:30.8
49	Anthony Romaniw	Runners' Edge Track	294	26:31.8
50	Brandon Kirkup	Durham Dragons Athl	49	26:32.4
51	Evan Andrin	Physi-Kult Kingston	241	26:33.5
52	Dominique Aulagnon	Lakehead Athletics	103	26:36.7
53	Reid Mitchell	Windsor Legion Trac	508	26:37.1
54	Kieran Day	Ottawa Lions Track	226	26:40.0
55	Lawrence Viola	Coquitlam Cheetahs	20	26:42.6

56	Evan A. Hall	Team BC	102	26:44.7
57	Robert McCann	Mississauga Track	166	26:45.7
58	Eric Labelle	Toronto Olympic Clu	396	26:46.1
59	Patrick Galler	Sarnia Athletics So	298	26:47.4
60	Christopher Dulhanty	Mississauga Track	163	26:49.0
61	Deon J. Clifford	Team BC	221	26:49.8
62	Marc-Antoine Rouleau	Equipe Quebec	562	26:50.4
63	Jacob Wing	YHZ Track and Field	515	26:51.8
64	Philippe Parrot-Migas	Mississauga Track	168	26:55.1
65	Marco Papania	Newmarket Huskies T	193	26:55.9
66	Kaelan Parker	Quinte Legion Track	278	26:56.9
67	Guillaume Ménard	Equipe Quebec	531	26:58.1
68	Rui Xu	Hamilton Hammerhead	90	26:58.9
69	Nicholas Holden	Quinte Legion Track	277	26:59.0
70	Evan Esselink	Durham Dragons Athl	45	26:59.3
71	Matthew McNeil	Team New Brunswick	307	26:59.6
72	Michael Bourgeois	Newmarket Huskies T	178	27:00.3
73	Kevin Azocar	Mississauga Track	162	27:01.0
74	Max Holden	London Runner Dista	130	27:02.0
75	Robbie Elmhirst	Newmarket Huskies T	186	27:02.3
76	Eric Macpherson	Newmarket Huskies T	191	27:03.2
77	Daniel Debus	Laurel Creek TFC	108	27:04.2
78	Drew Anderson	Speed River TFC	308	27:05.4
79	Merhauï Tume	Team Alberta	19	27:06.0
80	David Burlock	Dartmouth Athletics	30	27:07.4
81	Alex Mavrovic	Equipe Quebec	530	27:08.1
82	James Milton	Laurel Creek TFC	109	27:08.7
83	Geoff Chambers-Bedard	Lakehead Athletics	104	27:08.7
84	Blair Morgan	Physi-Kult Kingston	253	27:09.0
85	David Meloche	Windsor Legion Trac	507	27:09.6
86	Austen Forbes	Hamilton Hammerhead	81	27:10.1
87	Chris Moyer	Durham Dragons Athl	52	27:10.3
88	Charles-Édouard Litwin	Fleur de Lys	560	27:10.5
89	Nicolas Morin	Vaudreuil-Dorion	38	27:10.9
90	Adam Doxtator	Quinte Legion Track	276	27:12.4
91	Duke Lloyd	Hamilton Hammerhead	84	27:15.5
92	Shawn Master	Sarnia Athletics So	302	27:15.7
93	Matthew Galea	Team Alberta	15	27:17.2
94	Daniel Waters	Speed River TFC	335	27:17.3
95	Taryn Heidecker	Team Saskatchewan	366	27:18.4
96	Lee Wesselius	Team New Brunswick	3	27:18.4
97	Dylan Bates	Phoenix Athletics A	237	27:19.5
98	Matthew Krey	Windsor Legion Trac	503	27:19.7
99	Steven Greco	South Simcoe Duffer	347	27:20.2
100	Jeremy Hick	London Western Trac	151	27:20.9
101	Ivan Meiszinger	Cambridge Harriers	23	27:21.6
102	Jake Woloshyn	University of Toron	484	27:22.0
103	Riley Johnston	Les Coureurs de Boi	114	27:24.8
104	Nicholas Wood	YHZ Track and Field	516	27:27.6
105	Kyle McKellar	Physi-Kult Kingston	251	27:28.1
106	Olivier Béland	Phenix	559	27:29.1
107	Brent Scheibelhut	Toronto Olympic Clu	405	27:30.0
108	Jeremy Coughler	Durham Dragons Athl	43	27:32.7
109	John Wynands	Brockville Legion T	8	27:33.7
110	Nick Pimental	Mississauga Track	169	27:33.8
111	Graham Hansel	North Bay Legion	173	27:35.6
112	Nicholas Reay	Toronto Olympic Clu	404	27:36.0
113	Patrick Deane	AGSI Flyers	2	27:39.3
114	Nick Thomas	University of Briti	454	27:39.7
115	Ethan Henry	Toronto Olympic Clu	389	27:40.6
116	Troy Smith	Niagara Olympic Clu	211	27:41.5
117	Austin Trapp	Laurel Creek TFC	111	27:44.2
118	Ian Alexander Forbes	Fast Tracks	74	27:44.5

119	David Picard	St-Laurent Select	561	27:44.6
120	Joseph Burke	Track North Athleti	368	27:45.8
121	Andrew White	Durham Dragons Athl	56	27:47.5
122	Joshua Budman	Toronto Olympic Clu	383	27:47.6
123	Kieran McDonald	Unattached Alberta	439	27:50.7
124	Scott Hill	Toronto Olympic Clu	391	27:51.5
125	Jake Bruchet	Team BC	220	27:52.4
126	Brendan Randall	Durham Dragons Athl	53	27:53.4
127	Stuart Macpherson	Les Coureurs de Boi	117	27:56.8
128	Jonah Doucette		575	27:57.2
129	Matthew Travaglini	London Western Trac	158	28:00.4
130	Paul Kolb	Hamilton Olympic Cl	94	28:01.0
131	Jason Poland	West Toronto Track	493	28:02.7
132	Cameron Levac	Physi-Kult Kingston	249	28:02.8
133	Christopher Hutton	Runners' Edge Track	290	28:03.4
134	Matthew Bannon	Speed River TFC	309	28:03.6
135	Derrick Evans	Team Alberta	284	28:05.0
136	Tyler Hewlett	Sarnia Athletics So	300	28:05.6
137	David Marquez	London Runner Dista	136	28:06.6
138	Jake Carroll	Etobicoke Track F	61	28:06.8
139	Roman Justinen	Unattached Alberta	438	28:09.2
140	Justin Bellemore	Windsor Legion Trac	497	28:09.8
141	Jordan Usher	South Simcoe Duffer	361	28:12.0
142	Justin McNamara	Track North Athleti	373	28:13.5
143	Adam Rowles	Hamilton Olympic Cl	96	28:14.0
144	Kyle Penney	Newmarket Huskies T	194	28:18.0
145	Hunter Andrin	Physi-Kult Kingston	242	28:21.2
146	Trevor Janssen	Niagara Olympic Clu	203	28:24.7
147	Chris Angelatos	Toronto Olympic Clu	380	28:25.7
148	Gregory Lariviere	Hamilton Olympic Cl	95	28:29.6
149	Ian Turnbull	London Runner Dista	142	28:31.2
150	Sean Patterson	Toronto Olympic Clu	403	28:32.1
151	Matthys Wenning	Team Saskatchewan	517	28:36.3
152	Gregory D'eon	Dartmouth Athletics	32	28:39.5
153	Connor Bolton	Peterborough Legion	265	28:44.3
154	Jacob Cameron	Cornwall Legion Cou	26	28:44.8
155	Sameem Javeed	London Runner Dista	133	28:48.9
156	Reid Balezantis	Saskatoon TF Club	363	28:52.7
157	Sebastian Diebel	Track North Athleti	370	28:55.9
158	Kevin Tree	York University Tra	524	28:57.1
159	Ty Lebannister	Les Coureurs de Boi	116	29:00.0
160	Luke Charbonneau	South Simcoe Duffer	341	29:01.3
161	Thomas Wunsch	Unattached Alberta	442	29:01.9
162	Gerasimos Angelatos	Physi-Kult Kingston	243	29:02.2
163	Taylor Forbes	Hamilton Hammerhead	82	29:03.5
164	Adrian Christ	Unattached Alberta	436	29:04.1
165	Peter Quosai	Speed River TFC	325	29:04.1
166	Alan Hetherington	Toronto Olympic Clu	390	29:09.3
167	Scott McMullin	Fast Tracks	75	29:12.4
168	Matthew Wieser	Durham Dragons Athl	57	29:13.2
169	Derek Hambly	Hamilton Hammerhead	83	29:16.8
170	Kiefer Uksulainen	North Bay Legion	177	29:20.9
171	Will Russell	Speed River TFC	326	29:21.8
172	Scott Mills	Les Coureurs de Boi	118	29:26.8
173	Connor Pfile	London Western Trac	156	29:30.6
174	Connor Doherty	Runners' Edge Track	287	29:32.5
175	Alex Delle Monache	Niagara Olympic Clu	200	29:36.5
176	Kurt Hauser	Team Ontario	365	29:38.0
177	Taylor Lamarche	Timmins Porcupine T	416	29:43.2
178	Mark Brenyo	Hamilton Olympic Cl	92	29:44.3
179	Michael Niven	Track North Athleti	374	29:48.3
180	Grant Wignall	Niagara Olympic Clu	212	29:49.2
181	Matthew Paladino	Toronto Olympic Clu	400	29:49.8

182	Luke Steer	Les Coureurs de Boi	120	29:53.5
183	Patrick Daley	Quinte Legion Track	273	29:57.6
184	Chad Patterson	Toronto Olympic Clu	402	30:00.2
185	Jesse McCabe	Excel Athletica	70	30:02.8
186	Spencer Wyatt	York University Tra	520	30:05.5
187	David Cashin	Les Coureurs de Boi	112	30:19.6
188	Billy Wong	Unattached-BC	571	30:23.0
189	Zack Jones	Durham Dragons Athl	47	30:26.8
190	Taylor Laekemann	Runners' Edge Track	291	30:43.6
191	Jonathan Fuller	Unattached Alberta	437	30:54.5
192	Carmen Continisio	Niagara Olympic Clu	199	31:09.5
193	Paul Raymond	Timmins Porcupine T	418	31:20.5
194	Chris Caddy	AGSI Flyers	1	31:30.4
195	Sean Goddard	Niagara Olympic Clu	202	31:37.6
196	Garrett Lindquist	Unattached -Manitob	557	32:59.7
197	Troy Kasper	South Simcoe Duffer	352	33:50.0