

# Canadian Cross Country Championships

Vancouver, BC  
November 24th, 2012

## SENIOR WOMEN 7KM

Place	No.	Name	Guntime	C	Club	Prov	Year	Ag
1	210	Megan Brown	23:05.33	Y	Athletics Toronto	ON	1985	27
2	214	Kate Harrison	23:12.33	Y	Athletics Toronto	ON	1989	23
3	452	Natasha Fraser	23:21.83	Y	Prairie Inn Harriers Raci	BC	1981	31
4	624	Rachel Cliff	23:25.33	Y	Vancouver Thunderbirds	BC	1988	24
5	215	Kate Van Buskirk	23:32.83	Y	Athletics Toronto	ON	1987	25
6	510	Lucy Njeri	23:45.83	N	Toronto Olympic Club	ON	1978	34
7	544	Allix Potratz-Lee	23:54.83	N			1986	26
8	538	Fiona Benson	24:07.34	Y	Trinity Western University	BC	1992	20
9	599	Rachel Hannah	24:15.58	Y	University of Toronto Tra	ON	1986	26
10	212	Lindsay Carson	24:16.58	Y	Athletics Toronto	ON	1989	23
11	229	Maria Bernard	24:20.94	Y	Calgary Warriors	AB	1993	19
12	497	Genevi Ve Lalonde	24:24.10	Y	O2	NB	1991	21
13	586	Jessica O'connell	24:25.59	Y	University of Calgary Ath	AB	1989	23
14	421	Stephanie Aldea	24:39.08	Y		ON	1990	22
15	617	Jessica L. Smith	24:49.57	Y	Valley Royals Track & Fie	BC	1989	23
16	227	Lisa Harvey	24:52.57	Y	Calgary Spartans	AB	1970	42
17	611	Brittany R. Therrien	24:53.83	Y	University of Victoria	BC	1990	22
18	625	Erica M. Digby	24:54.09	Y	Vancouver Thunderbirds	BC	1989	23
19	474	Ashley Hinthier	24:54.59	Y	Running Room Athletic Clu	SK	1984	28
20	454	Lucy Smith	24:56.08	Y	Prairie Inn Harriers Raci	BC	1967	45
21	360	Meggan Franks	25:02.57	Y	Montreal Endurance	QC	1983	29
22	539	Alison Jackson	25:06.32	Y	Trinity Western University	BC	1988	23
23	463	Jodi Sanguin	25:12.83	Y	Red Deer College	AB	1989	23
24	448	Sabrina S. Wilkie	25:18.58	Y	POINT GREY TRACK & FIELD	BC	1985	27
25	550	Deborah Buhlers	25:20.57	Y		BC	1974	37
26	469	Shari Boyle	25:22.57	Y	Running Room Athletic Clu	AB	1973	38
27	519	Liza Howard	25:23.57	Y	Toronto Olympic Club	ON	1988	24
28	580	Grace Kary	25:25.83	Y	University of Calgary Ath	AB	1991	21
29	620	Anne-Marie Madden	25:34.57	Y	Vancouver Falcons Athleti	BC	1980	32
30	477	Tara Struyk	25:40.10	Y	Running Room Athletic Clu	AB	1981	31
31	618	Ellie Greenwood	25:41.57	N	Vancouver Falcons Athleti	BC	1979	33
32	347	Kimber Lemon	25:43.33	Y	London Western Track & Fi	ON	1986	26
33	584	Lisa Mensink	25:47.59	Y	University of Calgary Ath	AB	1977	35
34	450	Erin Burrett	25:53.08	Y	Prairie Inn Harriers Raci	BC	1981	31
35	460	Jodi Souter	25:54.07	Y	QUEEN CITY STRIDERS TRACK	SK	1988	24
36	505	Maria Dalzot	25:58.09	N	Team USA	INT	1985	27
37	595	Alycia Butterworth	26:05.09	Y	Oceanside Track & Field C	BC	1992	20
38	589	Bridget Pyke	26:07.84	Y	University of Calgary Ath	AB	1991	21
39	513	Natalie Desimini	26:09.84	Y	Toronto Olympic Club	ON	1986	25
40	362	Dominique Roy	26:20.10	Y	Montreal Endurance	QC	1988	24
41	512	Madeleine Cummings	26:20.59	Y	Toronto Olympic Club	ON	1991	21
42	342	Leslie Sexton	26:21.09	Y	London Runner Distance Cl	ON	1987	25
43	420	Chantal Warriner	26:22.32	Y	ONTARIO MASTERS ATHLETICS	ON	1979	33
44	664	Maggie Woodward	26:23.09	Y	POINT GREY TRACK & FIELD	BC	1991	21
45	561	Patricia Roney	26:28.08	Y		BC	1985	27
46	437	Katrina Bruckschwaiger	27:02.58	Y	POINT GREY TRACK & FIELD	BC	1982	30
47	336	Karen Gilbert Tyssen	27:12.83	Y	London Runner Distance Cl	ON	1982	30
48	282	Nicole Soderberg	27:17.07	Y	Edmonton Thunder	AB	1992	20
49	224	Grace Keenleyside	27:18.58	Y	Brockville Legion Track &	ON	1989	23
50	422	Jill Gamble	27:19.31	Y		ON	1975	37
51	433	Rhiannon N. Evans	27:21.32	N	POINT GREY TRACK & FIELD	BC	1991	21
52	444	Jen Moroz	27:25.05	Y	POINT GREY TRACK & FIELD	BC	1985	27
53	619	Michelle Heneghan	27:26.57	N	Vancouver Falcons Athleti	BC	1986	26

54	381	Micha Gutmanis	27:33.31	Y	Newmarket Huskies Track C	ON	1992	20
55	551	Lindsey Butterworth	27:40.56	Y		BC	1992	20
56	525	Rachel Sinasac	27:46.30	Y	Toronto Olympic Club	ON	1986	26
57	473	Kristen Hansen	28:00.33	Y	Running Room Athletic Clu	AB	1989	23
58	522	Kelly Laing	28:07.81	Y	Toronto Olympic Club	ON	1988	23
59	456	Julie Van Veelen	28:25.06	Y	Prairie Inn Harriers Raci	BC	1977	35
60	217	Nicole Barrett	28:31.58	Y	Bison Track and Field	MB	1987	24
61	662	Lissa Zimmer	28:38.83	N	POINT GREY TRACK & FIELD	BC	1991	21
62	311	Nancy Fedoruk	28:47.56	Y	Hershey Harriers Athletic	BC	1982	30
63	542	Laura Bestow	28:53.33	N			1985	27
64	443	Jennifer McCormack	28:55.34	Y	POINT GREY TRACK & FIELD	BC	1992	20
65	661	Louise Oram	29:16.82	Y	Roads & Runners Racing	BC	1984	28
66	570	Tyra Dickson	29:53.07	Y		SK	1982	30
67	279	Hayley Degaust	30:40.07	Y	Edmonton Thunder	AB	1990	22