

**2014 OUA XC Championships**  
**Fort Henry Hill - Queen's University**  
**Results by www.runningbydesign.com**

25/10/2014 - 25/10/2014

**Event # 2 MENS 10K Run**

PLACE	TEAM	SCORE	SCORERS	DISPLACERS	TOP 5 TOTAL	TOP 5 AVG/KM	TOP 5 AVG	TOP 5 SPLIT
1	GUELPH GRYPHONS	22	1-2-3-4-12	26	2:34:06	3:04.93	30:49.30	1:29.53
2	WINDSOR LANCERS	71	8-11-13-19-20	21-23	2:39:27	3:11.33	31:53.33	:55.78
3	MCMASTER MARAUDERS	71	7-14-15-17-18	22-24	2:39:25	3:11.30	31:53.01	:50.91
4	LAKEHEAD THUNDERWOLF	92	6-9-10-31-36	45-65	2:41:07	3:13.34	32:13.44	2:33.04
5	QUEEN'S GOLDEN GAELS	139	5-27-32-34-41	71-73	2:44:53	3:17.87	32:58.68	2:57.77
6	WESTERN MUSTANGS	165	16-28-35-38-48	51-62	2:46:53	3:20.26	33:22.64	2:16.03
7	TORONTO VARSITY BLUE	229	25-46-47-52-59	69-81	2:50:32	3:24.64	34:06.38	2:09.94
8	OTTAWA GEE GEES	237	33-37-43-60-64	66-84	2:51:39	3:25.99	34:19.89	1:50.69
9	YORK LIONS	250	30-42-54-61-63	78-80	2:52:02	3:26.43	34:24.32	2:02.85
10	WATERLOO WARRIORS	257	39-49-55-56-58	67-68	2:52:36	3:27.11	34:31.11	:57.16
11	LAURIER GOLDEN HAWKS	259	29-50-53-57-70	76-79	2:52:26	3:26.93	34:29.27	2:31.96
12	BROCK BADGERS	351	44-72-74-75-86	87	3:1:27	3:37.75	36:17.50	5:55.94
13	NIPISSING LAKERS	367	40-77-82-83-85	88	3:6:33	3:43.86	37:18.64	5:28.00

OVERALL PLACE	SCORE PLACE	BIB NUM	NAME	AGE	GRADE	TEAM	PLACE ON TEAM	AVG/KM	TIME
1	1	36	Ross Proudfoot			GUELPH GRYPHONS	1	3:01.50	<b>30:15.00</b>
2	2	39	Tristan Woodfine			GUELPH GRYPHONS	2	3:02.60	<b>30:26.00</b>
3	3	38	Yves Sikubwabo			GUELPH GRYPHONS	3	3:04.68	<b>30:46.75</b>
4	4	35	Aaron Hendrikx			GUELPH GRYPHONS	4	3:05.42	<b>30:54.22</b>
5	5	146	Alex Wilkie			QUEEN'S GOLDEN GAEL	1	3:06.04	<b>31:00.44</b>
6	6	52	Kevin Tree			LAKEHEAD THUNDERWL	1	3:07.03	<b>31:10.34</b>
7	7	92	Taylor Forbes			MCMASTER MARAUDEI	1	3:07.93	<b>31:19.31</b>
8	8	225	Corey Bellemore			WINDSOR LANCERS	1	3:08.65	<b>31:26.53</b>
9	9	45	Dominique Aulagnon			LAKEHEAD THUNDERWL	2	3:09.21	<b>31:32.06</b>
10	10	47	Dylan Brown			LAKEHEAD THUNDERWL	3	3:09.36	<b>31:33.56</b>
11	11	233	Matt Travaglini			WINDSOR LANCERS	2	3:09.95	<b>31:39.53</b>
12	12	33	Christian Gravel			GUELPH GRYPHONS	5	3:10.45	<b>31:44.53</b>
13	13	229	Paul Janikowski			WINDSOR LANCERS	3	3:10.52	<b>31:45.21</b>
14	14	90	Connor Darlington			MCMASTER MARAUDEI	2	3:11.19	<b>31:51.91</b>
15	15	93	Gabriel Ghiglione			MCMASTER MARAUDEI	3	3:11.62	<b>31:56.18</b>
16	16	207	Kevin Blackney			WESTERN MUSTANGS	1	3:12.26	<b>32:02.56</b>
17	17	91	Austen Forbes			MCMASTER MARAUDEI	4	3:12.74	<b>32:07.41</b>
18	18	95	Blair Morgan			MCMASTER MARAUDEI	5	3:13.02	<b>32:10.22</b>
19	19	231	Dave Meloche			WINDSOR LANCERS	4	3:13.31	<b>32:13.06</b>
20	20	226	Jordan Collison			WINDSOR LANCERS	5	3:14.23	<b>32:22.31</b>
21	21	234	Alex Ullman			WINDSOR LANCERS	6	3:14.94	<b>32:29.44</b>
22	22	89	Luke Charbonneau			MCMASTER MARAUDEI	6	3:15.72	<b>32:37.15</b>
23	23	230	Taylor McArthur			WINDSOR LANCERS	7	3:15.94	<b>32:39.44</b>
24	24	96	Paul Rochus			MCMASTER MARAUDEI	7	3:16.03	<b>32:40.31</b>
25	25	165	Sacha Smart			TORONTO VARSITY BLU	1	3:16.66	<b>32:46.56</b>
26	26	31	Chris Dulhanty			GUELPH GRYPHONS	6	3:16.72	<b>32:47.18</b>
27	27	147	Eric Wynands		R	QUEEN'S GOLDEN GAEL	2	3:17.46	<b>32:54.56</b>
28	28	214	Phil Parrot-Migas			WESTERN MUSTANGS	2	3:18.13	<b>33:01.28</b>
29	29	74	Adam Cornwall			LAURIER GOLDEN HAW	1	3:18.54	<b>33:05.38</b>

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30	30	239	Esteban Clavijo		YORK LIONS	1	3:18.59	<b>33:05.90</b>
31	31	51	Mason Quarrell		LAKEHEAD THUNDERWL	4	3:18.79	<b>33:07.88</b>
32	32	145	Brandon Thomas	R	QUEEN'S GOLDEN GAEL	3	3:20.22	<b>33:22.15</b>
33	33	129	Matthieu Vierula		OTTAWA GEE GEES	1	3:20.51	<b>33:25.12</b>
34	34	142	Alex Hutton		QUEEN'S GOLDEN GAEL	4	3:21.80	<b>33:38.03</b>
35	35	215	Shane Roberts		WESTERN MUSTANGS	3	3:21.93	<b>33:39.31</b>
36	36	50	Connor McGuire		LAKEHEAD THUNDERWL	5	3:22.34	<b>33:43.38</b>
37	37	122	Alex Berhe		OTTAWA GEE GEES	2	3:22.99	<b>33:49.94</b>
38	38	211	Liam Lees	R	WESTERN MUSTANGS	4	3:23.15	<b>33:51.47</b>
39	39	196	Michael Stewart		WATERLOO WARRIORS	1	3:23.61	<b>33:56.09</b>
40	40	105	Jordan Cascagnette		NIPISSING LAKERS	1	3:23.75	<b>33:57.50</b>
41	41	143	Eric MacPherson		QUEEN'S GOLDEN GAEL	5	3:23.82	<b>33:58.21</b>
42	42	244	Suraj Sharma		YORK LIONS	2	3:24.21	<b>34:02.12</b>
43	43	128	Adrian Tsang		OTTAWA GEE GEES	3	3:24.63	<b>34:06.28</b>
44	44	18	Mike Van Bakel		BROCK BADGERS	1	3:24.69	<b>34:06.90</b>
45	45	49	Kenny Groop	R	LAKEHEAD THUNDERWL	6	3:24.76	<b>34:07.56</b>
46	46	159	Riley Alvarez	R	TORONTO VARSITY BLU	2	3:25.00	<b>34:10.00</b>
47	47	158	Zain Ahmed		TORONTO VARSITY BLU	3	3:25.15	<b>34:11.50</b>
48	48	213	Triphon Moodie		WESTERN MUSTANGS	5	3:25.86	<b>34:18.59</b>
49	49	192	James Milton	R	WATERLOO WARRIORS	2	3:25.90	<b>34:19.00</b>
50	50	79	Brent Smalley	R	LAURIER GOLDEN HAW	2	3:25.93	<b>34:19.31</b>
51	51	208	Benjamin Carson	R	WESTERN MUSTANGS	6	3:26.65	<b>34:26.53</b>
52	52	160	Devonte Cummings		TORONTO VARSITY BLU	4	3:26.73	<b>34:27.34</b>
53	53	75	Elliot deLange		LAURIER GOLDEN HAW	3	3:27.35	<b>34:33.53</b>
54	54	242	Jordan Miller		YORK LIONS	3	3:27.76	<b>34:37.59</b>
55	55	189	Dan Fournier		WATERLOO WARRIORS	3	3:27.98	<b>34:39.81</b>
56	56	191	Reid Hayes	R	WATERLOO WARRIORS	4	3:28.74	<b>34:47.38</b>
57	57	78	Joe Sheridan	R	LAURIER GOLDEN HAW	4	3:29.08	<b>34:50.81</b>
58	58	193	Chris Moore	R	WATERLOO WARRIORS	5	3:29.32	<b>34:53.25</b>
59	59	163	Chris Moyer		TORONTO VARSITY BLU	5	3:29.65	<b>34:56.50</b>
60	60	121	Kevin Bates	R	OTTAWA GEE GEES	4	3:30.23	<b>35:02.28</b>
61	61	238	Brandon Belan		YORK LIONS	4	3:30.72	<b>35:07.25</b>
62	62	209	Donovan Hacking		WESTERN MUSTANGS	7	3:30.85	<b>35:08.47</b>
63	63	245	Jamie Tarling		YORK LIONS	5	3:30.88	<b>35:08.75</b>
64	64	124	Francis Hupe		OTTAWA GEE GEES	5	3:31.58	<b>35:15.81</b>
65	65	53	Tyler White		LAKEHEAD THUNDERWL	7	3:32.05	<b>35:20.47</b>
66	66	125	Graeme McConnell		OTTAWA GEE GEES	6	3:32.63	<b>35:26.31</b>
67	67	188	Shane Corley	R	WATERLOO WARRIORS	6	3:32.76	<b>35:27.56</b>
68	68	190	Rawle Groothuizen	R	WATERLOO WARRIORS	7	3:33.00	<b>35:30.00</b>
69	69	164	Thomas Schaepmeyer		TORONTO VARSITY BLU	6	3:33.03	<b>35:30.28</b>
70	70	77	Andrew Frampton		LAURIER GOLDEN HAW	5	3:33.73	<b>35:37.34</b>
71	71	140	Shane Favit		QUEEN'S GOLDEN GAEL	6	3:33.80	<b>35:38.00</b>
72	72	19	Jelmer van den Hadelkamp	R	BROCK BADGERS	2	3:34.13	<b>35:41.31</b>
73	73	141	Gavin Hathaway		QUEEN'S GOLDEN GAEL	7	3:34.17	<b>35:41.68</b>
74	74	17	Alastair Thompson		BROCK BADGERS	3	3:34.36	<b>35:43.62</b>
75	75	16	Brendan Sanders	R	BROCK BADGERS	4	3:35.28	<b>35:52.81</b>
76	76	73	Mike Charanduk	R	LAURIER GOLDEN HAW	6	3:36.44	<b>36:04.44</b>
77	77	107	Terry Doiron		NIPISSING LAKERS	2	3:36.54	<b>36:05.37</b>
78	78	240	Harishan Karunenthiran		YORK LIONS	6	3:36.84	<b>36:08.41</b>
79	79	76	Kieran Doherty	R	LAURIER GOLDEN HAW	7	3:37.14	<b>36:11.44</b>
80	80	243	Sam Neal		YORK LIONS	7	3:38.03	<b>36:20.34</b>

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81	81	166	Galan Yousuf	TORONTO VARSITY BLU	7	3:46.06	<b>37:40.59</b>
82		177	Alex McKee	TRENT EXCALIBUR	1	3:49.72	<b>38:17.18</b>
83	82	110	Bryan Stone	NIPISSING LAKERS	3	3:50.83	<b>38:28.31</b>
84	83	108	Kevin Durkee	NIPISSING LAKERS	4	3:51.65	<b>38:36.53</b>
85	84	123	Scott Hitchcox	OTTAWA GEE GEES	7	3:52.68	<b>38:46.84</b>
86		176	Brad Jennings	TRENT EXCALIBUR	2	3:54.51	<b>39:05.12</b>
87	85	106	Matthew Chalmers	NIPISSING LAKERS	5	3:56.55	<b>39:25.50</b>
88		4	Dan Scarpino	ALGOMA THUNDERBIR	1	3:57.14	<b>39:31.44</b>
89	86	13	Ben Beuttenmiller	BROCK BADGERS	5	4:00.28	<b>40:02.84</b>
90	87	14	Bryan Cole	BROCK BADGERS	6	4:03.71	<b>40:37.12</b>
91		174	Jason Greer	R TRENT EXCALIBUR	3	4:07.80	<b>41:18.03</b>
92	88	109	Connor Psiuk	R NIPISSING LAKERS	6	4:08.73	<b>41:27.28</b>
93		175	Andrew Hill	TRENT EXCALIBUR	4	4:09.69	<b>41:36.94</b>