

Place	Name	Age Group	Club	Time	Bib #	Prov.	Year	Age
1	Nathan Kendrick	M35-39	U of C Athletics Club	0:27:35	578	AB	1979	35
2	James Finlayson	M40-44	Prarie Inn Harriers Racing	0:27:36	555	BC	1972	42
3	Oliver Utting	M40-44		0:28:28	601	BC	1973	41
4	Graeme Wilson	M40-44		0:28:46	605	BC	1971	43
5	Derek Hackshaw	M45-49	Newmarket Huskies Track Club	0:28:50	535	ON	1969	45
6	Craig Odermatt	M40-44	Prarie Inn Harriers Racing	0:28:53	558	BC	1970	44
7	Mike Murphy	M40-44		0:29:11	593	BC	1971	43
8	Claude Gilbert	M40-44	C. A. Universite Laval	0:29:26	502	QC	1970	44
9	Marty Robertson	M40-44	Running Room Athletic Club	0:29:30	567	AB	1971	43
10	Troy Cox	M45-49	Muskoka Algonquin Runners	0:29:37	528	ON	1967	47
11	Bruce Deacon	M45-49	Prarie Inn Harriers Racing	0:29:55	552	BC	1966	48
12	Mark Bennett	M50-54		0:30:06	584	BC	1960	54
13	Geoff Peat	M50-54	Newmarket Huskies Track Club	0:30:12	537	ON	1963	51
14	Alex Coffin	M45-49	Saint John Track & Field	0:30:29	570	NB	1968	46
15	Frank Ackermann	M45-49	Muskoka Algonquin Runners	0:30:31	527	ON	1969	45
16	Darrin Deforge	M45-49	Running Room Athletic Club	0:30:33	562	AB	1965	49
17	Cormac Hikisch	M40-44	Bulkley Valley Athletics	0:30:51	501	BC	1974	40
18	Shawn Muldrew	M45-49	Running Room Athletic Club	0:30:52	565	AB	1965	49
19	Joseph Boland	M35-39	Running Room Athletic Club	0:30:52	561	AB	1978	36
20	Andrew Tuovinen	M50-54		0:30:56	600	BC	1963	51
21	Jerry Kooymans	M55-59	Toronto Olympic Club	0:30:57	577	ON	1955	59
22	Hicham Elamiri	M45-49		0:31:01	588	BC	1968	46
23	Daniel Fiorini	M50-54	Newmarket Huskies Track Club	0:31:03	534	ON	1962	52
24	David Lam	M35-39		0:31:04	590	BC	1979	35
25	Ian Sharp	M35-39	Okanagan Running Club	0:31:08	544	BC	1979	35
26	Brian Nemethy	M50-54	Prince George Road Runner	0:31:27	559	BC	1961	53
27	Chris Deighan	M50-54	Newmarket Huskies Track Club	0:31:29	533	ON	1960	54
28	Matthew Norminton	M35-39	Running Room Athletic Club	0:31:32	566	AB	1977	37
29	Bertrand Plouvier	M45-49		0:31:37	595	BC	1965	49
30	Pierre Mikhail	M45-49	Muskoka Algonquin Runners	0:31:51	529	ON	1968	46

31	Norman Tinkham	M50-54	Golden Ears Athletics	0:31:59	514	BC	1963	51
32	John Markell	M40-44		0:32:01	592	BC	1973	41
33	Will McKechnie	M45-49	Vancouver Falcons Athletics	0:32:12	610	BC	1968	46
34	Michael Lax	M55-59	Prarie Inn Harriers Racing	0:32:25	556	BC	1956	58
35	Tom Sawyer	M50-54	Laurel Creek Track & Field Club	0:32:30	525	ON	1961	53
36	John Machuga	M35-39	Okanagan Running Club	0:32:31	542	BC	1979	35
37	Tina Connelly	F40-44	Prarie Inn Harriers Racing	0:32:39	587	BC	1970	44
38	Gary Duncan	M55-59	Prarie Inn Harriers Racing	0:32:49	554	BC	1957	57
39	Mikhail Titov	M45-49	Elite Track & Field Academy	0:32:55	511	BC	1968	46
40	Dave Kary	M55-59	Ottawa Lions T.F.C.	0:32:59	546	ON	1959	55
41	Bob McGraw	M55-59	Physi-Kult Kingston	0:33:00	550	ON	1958	56
42	Steven Blostein	M50-54	Physi-Kult Kingston	0:33:14	548	ON	1961	53
43	Michael Moon	M50-54	Prarie Inn Harriers Racing	0:33:17	557	BC	1961	53
44	Michael Secker	M60-64	Running Room Athletic Club	0:33:20	569	AB	1951	63
45	Robert Muir	M45-49	Ottawa Lions T.F.C.	0:33:25	547	ON	1968	46
46	Joshua Weiss	M35-39		0:33:33	604	BC	1976	38
47	Tim Smith	M50-54		0:33:35	599	BC	1960	54
48	Lisa Harvey	F40-44	Calgary Spartans	0:33:41	509	AB	1970	44
49	Mark Pinckard	M50-54		0:33:46	594	BC	1960	54
50	Bill Krezonoski	M60-64		0:33:53	579	ON	1953	61
51	Paul Reimer	M55-59		0:33:59	598	BC	1955	59
52	Arthur Boileau	M55-59	West Vancouver Track & Field Club	0:34:13	612	BC	1957	57
53	Alma McMurtry	F35-39		0:34:16	540		1979	35
54	Clive Morgan	M55-59	Physi-Kult Kingston	0:34:25	551	ON	1959	55
55	Darren Lazaruk	M50-54		0:34:46	582	AB	1961	53
56	Carrie Byer	F35-39	Newmarket Huskies Track Club	0:35:10	532	ON	1978	36
57	Clifford Russell	M60-64	Running Room Athletic Club	0:35:12	568	AB	1953	61
58	Michele Harvey-Blankenship	F45-49	Running Room Athletic Club	0:35:20	563	AB	1966	48
59	Fran Ois Martel	M60-64	Fleur de Lys	0:35:24	513	QC	1954	60
60	Bruce Wark	M60-64		0:35:24	603	BC	1951	63
61	Reidar Zapf-Gilje	M60-64	Greyhounds Track & Field	0:35:24	516	BC	1951	63

62 Paul Roberts	M55-59	London Runner Distance Club	0:35:26	526	ON	1958	56
63 Bob Holmes	M60-64	Running Room Athletic Club	0:35:51	564	AB	1954	60
64 Rick Woods	M60-64	Semiahmoo Sunrunners	0:35:59	574	BC	1950	64
65 Juliette Christie	F50-54		0:36:01	586	BC	1962	52
66 Karl Sproll	M60-64	Yellow Snow Athletic Club	0:36:08	614	MB	1954	60
67 Claudette Augert	F50-54	Running Room Athletic Club	0:36:11	560	AB	1963	51
68 Grant Towns	M65-69	Yellow Snow Athletic Club	0:36:20	615	MB	1947	67
69 Barbara Mercier	F50-54	Calgary Phoenix Striders	0:36:35	506	AB	1964	50
70 Veronica Biggar	F45-49	Newmarket Huskies Track Club	0:36:55	531	ON	1969	45
71 Nicola Everton	F45-49	Kootenay Chaos Track Club	0:37:00	522	BC	1965	49
72 Corinne Issel	F35-39	Ocean Athletics	0:37:06	541	BC	1976	38
73 Rhonda Clark	F45-49	Calgary Phoenix Striders	0:37:10	504	AB	1966	48
74 Craig Premack	M55-59		0:37:17	596	BC	1959	55
75 Donna Dixon	F50-54	Calgary Phoenix Striders	0:37:22	505	AB	1962	52
76 Becky Bates	F50-54	Kootenay Chaos Track Club	0:37:33	520	BC	1962	52
77 Ron Wichmann	M55-59	Chilliwack Track & Field	0:37:35	510	BC	1955	59
78 Amy Anderson	F50-54	Calgary Phoenix Striders	0:37:42	503	AB	1962	52
79 Sheldon Reynolds	M60-64	Yellow Snow Athletic Club	0:37:51	613	MB	1953	61
80 Zita Mulligan	F50-54	Calgary Phoenix Striders	0:37:52	507	AB	1960	54
81 Mike McGrath	M55-59	Okanagan Running Club	0:38:01	543	BC	1957	57
82 Gordon Flett	M50-54	Semiahmoo Sunrunners	0:38:10	571	BC	1960	54
83 Doug Henderson	M55-59	Norwesters Track & Field	0:38:34	538	BC	1956	58
84 Gwendal Castellan	M35-39		0:38:45	585	BC	1976	38
85 Myndi Quirion	F35-39	Calgary Phoenix Striders	0:38:53	508	AB	1979	35
86 Cliff Jewell	M50-54	Semiahmoo Sunrunners	0:39:19	572	BC	1964	50
87 Delilah Topic	F35-39	Okanagan Running Club	0:39:23	545	BC	1979	35
88 Jane De Lemos	F45-49	Vancouver Falcons Athletics	0:40:06	609	BC	1965	49
89 Janice Mackinnon	F45-49		0:40:23	591	BC	1965	49
90 Thelma Wright	F60-64		0:40:28	606	BC	1951	63
91 Fred Pawluk	M65-69	Kajaks Track & Field Club	0:40:58	518	BC	1947	67
92 Paul Wood	M65-69	Semiahmoo Sunrunners	0:41:13	573	BC	1948	66

93 Murray Hale	M65-69	Newmarket Huskies Track Club	0:41:25	536	ON	1949	65
94 Sharisse Kyle	F55-59	Kootenay Chaos Track Club	0:41:35	523	BC	1957	57
95 David Hetherington	M60-64	Langley Mustangs	0:41:59	524	BC	1952	62
96 Corinne Krezonoski	F60-64		0:42:02	580	ON	1954	60
97 Christensen Vern	M70-74	Running Room Athletic Club	0:42:53	617	ON	1940	74
98 Doug Smith	M60-64	University of Toronto T.C	0:44:12	608	ON	1951	63
99 Gaetan Breton	M65-69	Sherbrooke	0:44:18	575	QC	1947	67
100 Diane Pomerleau	F50-54	Kalenjins	0:44:36	519	QC	1964	50
101 Helen Sabourin	F70-74	Sunshine Coast Athletics	0:50:00	576	BC	1941	73