

Canadian National Cross Country Championships

Guelph, ON

November 28th, 2009

Junior Women 9:45 AM

Place	Time	km	#	Name	Club	Year
1	17:17.1	3:28	625	PFISTER, CAROLINE	SHERBROOKE	92
2	17:26.3	3:30	180	GRAHAM, CHELSEA	EDMONTON THUNDER	92
3	17:28.7	3:30	393	LALONDE, GENEVIEVE	O2	91
4	17:52.4	3:35	722	KARY, CIARA	U OF C ATHLETICS CLU	92
5	18:02.1	3:37	204	GIOVANNETTI, SARA	ETOBICOKE TRACK & FI	90
6	18:10.1	3:39	636	TRUELOVE, AMANDA	SOUTH SIMCOE DUFFERI	90
7	18:15.7	3:40	795	DAVIDSON, MADDIE	UNIVERSITY OF TORONT	92
8	18:19.1	3:40	127	BROWN, JOANNA	BYTOWN STORM	92
9	18:21.0	3:41	400	WALKOW, SAMANTHA	OCEAN ATHLETICS	91
10	18:21.9	3:41	178	DEGAUST, HAYLEY	EDMONTON THUNDER	90
11	18:22.3	3:41	376	REMPEL, KARLEY	NIAGARA OLYMPIC CLUB	93
12	18:29.7	3:42	263	LEBLANC, ANNIE	LANAUDIERE-OLYMPIQUE	92
13	18:36.5	3:44	267	PHELAN, JAMIE	LAUREL CREEK TRACK &	95
14	18:37.0	3:44	356	HAWTHORN, NATALIA	NEWMARKET HUSKIES TR	95
15	18:39.4	3:44	777	FRATCZAK, VICTORIA	UNATTACHED NOVA SCOT	90
16	18:44.4	3:45	366	BRASZ, DEANNA	NIAGARA OLYMPIC CLUB	93
17	18:48.0	3:46	340	HUGHES, MELANIE	MONTREAL OLYMPIQUE	90
18	18:49.5	3:46	362	STEWART, KIRSTEN	NEWMARKET HUSKIES TR	92
19	18:51.5	3:47	355	HALIBURTON, SARAH	NEWMARKET HUSKIES TR	90
20	18:51.8	3:47	662	PIETERSON, REBECCA	ST THOMAS LEGION TRA	90
21	18:53.3	3:47	804	MCDONALD, MADELINE	UNIVERSITY OF TORONT	94
22	18:53.5	3:47	114	ROLLINS, JACLYN	BRANTFORD T.F.C.	91
23	18:54.4	3:47	870	* PETTIT, ALLISON	WEST VIRGINIA	90
24	18:55.3	3:48	597	ROY, JOANNIE	ROUGE ET OR DE L'UNI	91
25	18:56.3	3:48	723	KARY, GRACE	U OF C ATHLETICS CLU	91
26	18:57.3	3:48	675	HANNA, VICTORIA	TORONTO OLYMPIC CLUB	91
27	18:58.0	3:48	251	PORFILIO, JESSICA	HERITAGE HUSKIES	91
28	19:00.7	3:49	191	SODERBERG, ALANA	EDMONTON THUNDER	90
29	19:01.3	3:49	645	DRIEDGER, EMILY	SPEED RIVER TRACK &	92
30	19:04.4	3:49	247	THOMPSON, CERISE	HAMILTON HAMMERHEADS	92
31	19:06.3	3:50	631	ISLAM, RACHEL	SOUTH SIMCOE DUFFERI	92
32	19:07.7	3:50	270	PLANTE-DUB..., MARGUERITE	LAVIRONDE	92
33	19:08.0	3:50	277	JONES, MELISSA	LES COUREURS DE BOIS	92
34	19:10.1	3:51	521	GALBRAITH, EMMA	OTTAWA LIONS T.F.C.	94
35	19:10.7	3:51	590	EDWARDS, GABRIELLE	RIVERSDALE ATHLETICS	94
36	19:10.8	3:51	375	MOLODYNIA, MICHELLE	NIAGARA OLYMPIC CLUB	93
37	19:14.4	3:51	324	WHITE, JACLYN	LONDON WESTERN T.F.C	94
38	19:16.1	3:52	855	SMITH, STEPHANIE	YORK UNIVERSITY TRAC	90
39	19:16.5	3:52	721	GOULD, REBECCA	U OF C ATHLETICS CLU	93
40	19:16.6	3:52	644	DOHERTY, LAUREN	SPEED RIVER TRACK &	91
41	19:18.2	3:52	729	VAN VLIET, JENNA	U OF C ATHLETICS CLU	92
42	19:19.9	3:52	128	JAMNICKY, DOMINIKA	BYTOWN STORM	92
43	19:22.7	3:53	609	FLEISCHER, KATIE	SARNIA ATHLETICS SOU	93
44	19:23.3	3:53	798	HENNESSY, COLLEEN	UNIVERSITY OF TORONT	92
45	19:23.3	3:53	401	BUTTERWORTH, ALYCIA	OCEANSIDE TRACK & FI	92
46	19:23.9	3:53	530	WOODWARD, MAGGIE	PACIFIC ATHLETICS	91
47	19:24.5	3:53	252	TSE, CORALINA	HERITAGE HUSKIES	91
48	19:26.9	3:54	315	FORAN, GABRIELLE	LONDON WESTERN T.F.C	90
49	19:27.0	3:54	666	ALLARD, BRITNEY	TIMMINS PORCUPINE TR	92
50	19:27.1	3:54	699	WOOLLEY, ALI	TORONTO OLYMPIC CLUB	94
51	19:27.3	3:54	350	DEIGHAN, KAYLA	NEWMARKET HUSKIES TR	93
52	19:27.8	3:54	223	THIEL, DANIELLE	EXCEL ATHLETIKA	92
53	19:27.8	3:54	524	SLINN, HEATHER	OTTAWA LIONS T.F.C.	92
54	19:28.5	3:54	727	O'CONNELL, ELIZABETH	U OF C ATHLETICS CLU	92
55	19:29.6	3:54	830	BAYDOUN, ZEINAB	WINDSOR LEGION TRACK	92
56	19:30.4	3:55	584	RAINVILLE-BARZEY, ALEXANDRA	QUINTE LEGION TRACK	95
57	19:30.5	3:55	265	DOWLING-MEDLEY, JENN	LAUREL CREEK TRACK &	91

58	19:31.5	3:55	374	MACDONALD, ALANNAH	NIAGARA OLYMPIC CLUB	94
59	19:31.5	3:55	246	PATTERSON, COURTNEY	HAMILTON HAMMERHEADS	91
60	19:32.7	3:55	311	ALLEN, KIRSTEN	LONDON WESTERN T.F.C	92
61	19:32.8	3:55	523	KANZ, ISABELLE	OTTAWA LIONS T.F.C.	93
62	19:33.1	3:55	620	BARKER, MADELEINE	SHERBROOKE	92
63	19:34.6	3:55	628	CORRICK, JENNIFER	SOUTH SIMCOE DUFFERI	90
64	19:36.2	3:56	336	KNOX, ALICIA	MISSISSAUGA T.F.C.	91
65	19:36.3	3:56	844	PETRIE, SADIE	YHZ	94
66	19:38.5	3:56	652	MILDREN, ROBYN	SPEED RIVER TRACK &	90
67	19:39.2	3:56	192	SODERBERG, NICOLE	EDMONTON THUNDER	92
68	19:39.6	3:56	522	GILES, LISA	OTTAWA LIONS T.F.C.	91
69	19:39.6	3:56	593	MILLER, ABBY	RIVERSDALE ATHLETICS	92
70	19:40.6	3:57	558	SILLS, TAYLOR	PHYSI-KULT KINGSTON	92
71	19:40.7	3:57	347	COATES, VICTORIA	NEWMARKET HUSKIES TR	91
72	19:41.0	3:57	725	MACDONALD, MADELINE	U OF C ATHLETICS CLU	90
73	19:42.0	3:57	805	MCINTYRE, SALLY	UNIVERSITY OF TORONT	93
74	19:42.7	3:57	632	KELSALL, DEBRA	SOUTH SIMCOE DUFFERI	93
75	19:43.2	3:57	535	VERGARA, KIRSTEN	PHOENIX ATHLETICS AS	97
76	19:43.2	3:57	320	LAMB, RACHEL	LONDON WESTERN T.F.C	90
77	19:43.4	3:57	377	REMPEL, MEGAN	NIAGARA OLYMPIC CLUB	96
78	19:45.3	3:58	726	MCAVOY, SHANNON	U OF C ATHLETICS CLU	93
79	19:46.6	3:58	285	HARTMAN, GRACE	LONDON RUNNER DISTAN	92
80	19:47.4	3:58	633	LESAGE, KRISTIE	SOUTH SIMCOE DUFFERI	93
81	19:48.1	3:58	202	DE FENOYL, AMELIE	ETOBICOKE TRACK & FI	93
82	19:49.4	3:58	216	TIER, ALIX	ETOBICOKE TRACK & FI	94
83	19:50.2	3:59	175	SAMYN, VICTORIA	DURHAM DRAGONS ATHLE	92
84	19:51.5	3:59	615	SJODIN, COURTNEY	SASKATOON TF CLUB	91
85	19:53.6	3:59	826	BAILEY, SARAH	VERNON AMATEUR ATHLE	93
86	19:54.5	3:59	843	LAUSCH, SARA	YHZ	94
87	19:56.9	4:00	604	ANNEAR, GRACE	SAINT JOHN TRACK & F	92
88	19:58.6	4:00	140	KANUKA, GLORIA	CALTAF ATHLETIC ASSO	91
89	19:59.1	4:00	641	BOWMAN, SARA	SPEED RIVER TRACK &	92
90	19:59.5	4:00	363	TAIT, MEGHAN	NEWMARKET HUSKIES TR	92
91	19:59.7	4:00	259	NADEAU, CHLOE	KALENJINS	92
92	20:00.1	4:01	838	MOORE, MELISSA	WINDSOR LEGION TRACK	92
93	20:01.7	4:01	230	REGAN, LEAH	GOLDEN EARS ATHLETIC	93
94	20:02.3	4:01	333	DULHANTY, EMILY	MISSISSAUGA T.F.C.	93
95	20:02.7	4:01	166	CODYRE, KATEY	DURHAM DRAGONS ATHLE	94
96	20:03.1	4:01	825	RICARD, KAREN	VAUDREUIL-DORION	91
97	20:06.2	4:02	794	CUMMINGS, HAILEY	UNIVERSITY OF TORONT	91
98	20:09.3	4:02	835	MARCOTTE-TOALE, CHARLOTTE	WINDSOR LEGION TRACK	92
99	20:09.6	4:02	570	BROCHU, SARAH-MICHELLE	QUEBEC ENDURANCE	92
100	20:11.6	4:03	145	MARTIN, TAYLOR	CAMBRIDGE HARRIERS	94
101	20:11.6	4:03	130	SKOWRON, PAULINE	C3 - CANADIAN CROSS	92
102	20:11.7	4:03	248	WITT, JESSICA	HAMILTON HAMMERHEADS	93
103	20:15.0	4:03	170	HOUDE-PEARCE, ERIKA	DURHAM DRAGONS ATHLE	91
104	20:16.2	4:04	161	KENNEDY, SHANNON	DISASSOCIATED	92
105	20:16.5	4:04	121	WINDSOR, RACHEL	BRIGHTON LEGION TRAC	91
106	20:16.9	4:04	619	SAUNDERS, NORA-BETH	SAULT ATHLETICS CLUB	90
107	20:17.1	4:04	268	TOMASOVIC, SIMONNE	LAUREL CREEK TRACK &	92
108	20:18.5	4:04	823	MONETTE, CAROLE-ANNE	VAUDREUIL-DORION	92
109	20:19.0	4:04	157	CURRIE, SARAH	DARTMOUTH ATHLETICS	91
110	20:19.4	4:04	651	MARTIN, LYNSEY	SPEED RIVER TRACK &	91
111	20:20.5	4:05	817	POSTHUMUS, KIYA	VALLEY ROYALS TRACK	92
112	20:21.3	4:05	305	WALKER, LAURA	LONDON RUNNER DISTAN	91
113	20:21.3	4:05	358	O'HAGAN, KAITLIN	NEWMARKET HUSKIES TR	92
114	20:23.3	4:05	290	KOMARNICKY, KAITLYN	LONDON RUNNER DISTAN	93
115	20:24.4	4:05	686	MARTIN, HILARY	TORONTO OLYMPIC CLUB	93
116	20:26.2	4:06	323	ROBBINS, SAMANTHA	LONDON WESTERN T.F.C	91
117	20:27.8	4:06	260	PROULX, KARIANNE	KALENJINS	93
118	20:29.1	4:06	827	SCHOCH, SASHA D.	VERNON AMATEUR ATHLE	93
119	20:30.1	4:07	291	KRUGER, EMILY	LONDON RUNNER DISTAN	93
120	20:31.3	4:07	691	RAMMO, MORGAN	TORONTO OLYMPIC CLUB	92
121	20:31.7	4:07	650	MACDONALD, MAGGIE	SPEED RIVER TRACK &	94
122	20:32.7	4:07	618	LOBERT, LYNNEA	SAULT ATHLETICS CLUB	93
123	20:33.8	4:07	627	BLACKLAWS, EMILY	SOUTH SIMCOE DUFFERI	92

124	20:36.0	4:08	361	PETTES, KATELYN	NEWMARKET HUSKIES TR	92
125	20:36.6	4:08	272	GREENFIELD, MATILDA	LES COUREURS DE BOIS	94
126	20:37.5	4:08	373	KORSMIT, LAURA	NIAGARA OLYMPIC CLUB	96
127	20:39.5	4:08	258	LEFEBVRE-CASTILLO, WINONA	KALENJINS	93
128	20:39.5	4:08	858	WESTBERG, AVERY	YORKTON LEGION TRACK	93
129	20:41.1	4:09	206	JARVIS, ALEXANDRA	ETOBICOKE TRACK & FI	93
130	20:43.7	4:09	199	BENJAMIN, MADELEINE	ETOBICOKE TRACK & FI	94
131	20:48.5	4:10	279	SERVISS, KELSEY	LES COUREURS DE BOIS	93
132	20:52.1	4:11	173	LESPERANCE, SARAH	DURHAM DRAGONS ATHLE	93
133	20:53.9	4:11	669	MAISONNEUVE, RENEE	TIMMINS PORCUPINE TR	95
134	20:55.7	4:12	299	ROBERTS, JENNIFER	LONDON RUNNER DISTAN	93
135	20:58.4	4:12	135	CHAPPELL, ELLEN	CALTAF ATHLETIC ASSO	93
136	20:58.8	4:12	148	LANGLEY, TRISTAN	CENTRAL NOVA LEGION	93
137	20:59.4	4:12	288	HILL, CYNTHIA	LONDON RUNNER DISTAN	93
138	20:59.7	4:12	637	WESSEL, MEAGHAN	SOUTH SIMCOE DUFFERI	93
139	21:01.2	4:13	134	SERPICO, MADISON	CALGARY SPARTANS	92
140	21:06.0	4:14	224	TURMEL, NICOLE	EXCEL ATHLETIKA	92
141	21:09.2	4:14	617	FLYNN, JULLIEN	SAULT ATHLETICS CLUB	93
142	21:12.0	4:15	325	WHITE, JESSICA	LONDON WESTERN T.F.C	92
143	21:14.6	4:15	310	YUNGBLUT, ERIN	LONDON RUNNER DISTAN	93
144	21:15.7	4:16	312	BEHARRIELL, TIANNA	LONDON WESTERN T.F.C	94
145	21:18.8	4:16	698	WILLIAMS, HAILY	TORONTO OLYMPIC CLUB	93
146	21:20.4	4:17	833	MALETTE, GABRIELLE	WINDSOR LEGION TRACK	93
147	21:23.0	4:17	682	KINSEY, HEATHER	TORONTO OLYMPIC CLUB	93
148	21:27.2	4:18	1250	CHARLES, ELECKTRA	RIVERSDALE ATHLETICS	92
149	21:33.8	4:19	857	LUDZKI, NICOLE	YORK UNIVERSITY TRAC	93
150	21:38.9	4:20	550	MCGRAW, LEAH	PHYSI-KULT KINGSTON	93
151	21:49.5	4:22	354	GLENN, CAILEIGH	NEWMARKET HUSKIES TR	92
152	21:51.6	4:23	630	GALLAGHER, ALEXANDRA	SOUTH SIMCOE DUFFERI	93
153	21:54.7	4:23	273	HAGBERG, INGRID	LES COUREURS DE BOIS	91
154	21:57.2	4:24	210	LEON, REBECCA	ETOBICOKE TRACK & FI	93
155	22:04.9	4:25	367	CAHILL, RACHAEL	NIAGARA OLYMPIC CLUB	94
156	22:09.5	4:26	382	WILEY, ELISE	NIAGARA OLYMPIC CLUB	96
157	22:11.5	4:27	390	VANDERMEER, NEL	NORTH BAY LEGION	90
158	22:22.9	4:29	309	YUNGBLUT, EMILY	LONDON RUNNER DISTAN	91
159	22:29.1	4:30	306	WALKER, LESLIE	LONDON RUNNER DISTAN	91
160	22:37.6	4:32	773	WONG, ELIZABETH	UNATTACHED BRITISH C	92
161	22:45.2	4:34	591	GROAT, RACHAEL	RIVERSDALE ATHLETICS	92
162	22:55.0	4:35	117	LAFONTAINE, EMMA	BRIGHTON LEGION TRAC	92
163	23:33.4	4:43	616	DICK, RACHEL	SAULT ATHLETICS CLUB	93