

JR_MEN_OVERALL
 Canadian National Cross Country Championships
 Jericho Beach, Vancouver, BC
 30 November 2013

JUNIOR MEN
 Distance - 8K

Results by racedaytiming.ca
 email any questions/concerns to info@racedaytiming.ca

Place	No.	Name	Guntime	C Club
Prov	Year	Us		
=====	=====	=====	=====	=====
=====	=====	=====	=====	=====
ON	1996	1 235 Justyn Knight	25:43.30	Y UNIVERSITY OF TORONTO T.C
ON	1995	2 204 Ben Flanagan	25:47.12	Y
NS	1995	3 295 Mike Tate	25:53.89	Y ANTIGONISH TRACK CLUB
BC	1994	4 192 Joel Deschiffart	25:58.10	Y NANAIMO & DISTRICT TRACK
QC	1994	5 292 Støphan St-Martin	26:08.07	Y Coureur Nordique
ON	1996	6 193 Isaac Dobos	26:10.96	Y TORONTO OLYMPIC CLUB
ON	1997	7 248 Miles Matthews	26:21.12	Y WINDSOR LEGION TRACK & FI
BC	1995	8 209 Thomas Getty	26:24.37	Y UVIC TRACK CLUB
QC	1995	9 172 Jøromy Briand	26:26.03	Y Ri ve-Sud
MB	1997	10 264 Jay Ort	26:30.16	Y
AB	1995	11 271 Russell Pennock	26:31.99	Y U OF C ATHLETICS CLUB
BC	1995	12 223 Jesse Hooton	26:40.00	Y HERSHEY HARRIERS ATHLETIC
ON	1996	13 281 Mark Schmidt	26:44.81	Y TRI CITY TRACK CLUB
ON	1996	14 273 Ben Preisner	26:47.49	Y SPEED RIVER TRACK & FIELD
AB	1994	15 249 Kieran McDonald	26:51.55	Y LEGACY ATHLETICS
ON	1995	16 210 Melika Ghali	26:56.29	Y UNIVERSITY OF TORONTO T.C
ON	1995	17 291 Matthew Stephenson	26:58.65	Y TORONTO OLYMPIC CLUB
BC	1995	18 224 Clayton Hutchins	26:58.72	Y
AB	1996	19 226 Alex James	27:07.23	Y CALTAF ATHLETIC ASSOCIAT
ON	1995	20 276 Peter Quosai	27:09.45	Y SPEED RIVER TRACK & FIELD
BC	1995	21 228 Oliver Jorgensen	27:10.96	Y VALLEY ROYALS TRACK & FIE
ON	1994	22 185 Patrick Deane	27:11.37	Y LONDON WESTERN T.F.C.
ON	1996	23 297 Brandon Thomas	27:11.46	Y CAMBRIDGE HARRIERS
BC	1997	24 278 Jemal Reta	27:12.25	Y NEW WEST SPARTANS TRACK &
		25 296 Jonathan Tedeschi	27:12.31	Y Les Vainqueurs

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QC	1994 19		
	26	199 Skylar Edwards	27: 12. 77 Y WINDSOR LEGION TRACK & FI
ON	1996 17		
	27	280 Alexander Rochel eau	27: 13. 15 Y WINDSOR LEGION TRACK & FI
ON	1995 18		
	28	305 Brendan Wall ace	27: 13. 74 Y WINDSOR LEGION TRACK & FI
ON	1997 16		
	29	188 Caleb Dejong	27: 20. 90 Y
MB	1996 17		
	30	245 William Madsen	27: 23. 57 Y LEGACY ATHLETICS
AB	1994 19		
	31	213 Ryan Grieco	27: 24. 05 Y CALTAF ATHLETIC ASSOCIAT
AB	1996 17		
	32	167 Santiago Bessai	27: 25. 83 Y UNIVERSITY OF TORONTO T. C
ON	1996 17		
	33	178 Mitchell Cauchi	27: 27. 30 Y TORONTO OLYMPIC CLUB
ON	1997 16		
	34	263 Matt Noseworthy	27: 29. 36 Y PEARLGATE TRACK AND FIELD
NL	1995 18		
	35	182 Stefan Daniel	27: 30. 01 Y U OF C ATHLETICS CLUB
AB	1997 16		
	36	266 Peter Oxl and	27: 30. 80 Y OCEANSIDE TRACK & FIELD C
BC	1996 17		
	37	274 Mason Quarrell	27: 32. 17 Y LAKEHEAD RUNNING
ON	1995 18		
	38	308 Tyler White	27: 32. 62 Y NEWMARKET HUSKIES TRACK C
ON	1994 19		
	39	277 Royden Radowits	27: 33. 23 Y CAPITAL CITY TRACK CLUB
AB	1996 17		
	40	197 Philippe Duchesne	27: 33. 76 Y Dynami que de Laval
QC	1995 18		
	41	218 Alan Hetherington	27: 34. 00 Y TORONTO OLYMPIC CLUB
ON	1995 18		
	42	288 Keaton Smee	27: 34. 97 Y NEWMARKET HUSKIES TRACK C
ON	1996 17		
	43	286 Jack Sheffer	27: 35. 08 Y LONDON WESTERN T. F. C.
ON	1996 17		
	44	238 Robert Lawand	27: 35. 20 Y UNIVERSITY OF TORONTO T. C
ON	1997 16		
	45	169 Oliver Blecher	27: 41. 37 Y DURHAM DRAGONS ATHLETICS
ON	1997 16		
	46	239 Liam Lees	27: 43. 35 Y NEWMARKET HUSKIES TRACK C
ON	1995 18		
	47	227 Matthew Johnson	27: 43. 87 Y QUEEN CITY STRIDERS TRACK
SK	1997 16		
	48	176 Jake Carroll	27: 46. 77 Y ETOBICOKE TRACK & FIELD C
ON	1996 17		
	49	244 Christian Macgillivray	27: 47. 75 Y NEWMARKET HUSKIES TRACK C
ON	1997 16		
	50	208 John Gay	27: 48. 16 Y OKANAGAN ATHLETICS CLUB
BC	1996 17		
	51	175 Quinn Cannella	27: 48. 54 Y WINDSOR LEGION TRACK & FI
ON	1998 15		
	52	290 Joey Stel	27: 51. 87 Y NEWMARKET HUSKIES TRACK C
ON	1996 17		
	53	285 Matthew Sheeler	27: 53. 08 Y LONDON WESTERN T. F. C.
ON	1996 17		
	54	299 Evan Ubene	27: 53. 67 Y WINDSOR LEGION TRACK & FI
ON	1996 17		
	55	262 Devin Nicholson	27: 54. 19 Y LONDON LEGION TRACK & FIE
ON	1996 17		
	56	261 Alexander Nemethy	27: 54. 96 Y PRINCE GEORGE TRACK CLUB
BC	1997 16		

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ON	57	234 Craig Klomp	27:57.62	Y	LONDON LEGION TRACK & FIE
QC	58	212 Philippe Gravel	27:59.82	Y	Sherbrooke
BC	59	267 Thomas Oxl and	28:02.50	Y	OCEANSIDE TRACK & FIELD C
ON	60	217 Aaron Heaps	28:02.86	Y	UNIVERSITY OF TORONTO T.C
BC	61	310 Brendan Wong	28:04.65	Y	
AB	62	221 Hayden Hollowell	28:07.66	Y	WOLVES ATHLETICS CLUB
BC	63	253 Sean Miller	28:09.05	Y	NANAIMO & DISTRICT TRACK
BC	64	252 Michael Milic	28:09.23	Y	OCEAN ATHLETICS
ON	65	287 Gavin Shields	28:10.37	Y	TRI CITY TRACK CLUB
AB	66	243 Eric Lutz	28:10.75	Y	ELITE SPEED RED DEER
ON	67	205 Alexander Freemantle	28:11.41	Y	NEWMARKET HUSKIES TRACK C
AB	68	203 James Faul	28:11.86	Y	CALTAF ATHLETIC ASSOCIAT
ON	69	250 Joshua McGillivray	28:12.53	Y	Central Toronto Athletic
ON	70	220 Daniel Hilbers	28:13.00	Y	SAUGEEN TRACK & FIELD CL
ON	71	256 Christopher Moore	28:14.69	Y	UNIVERSITY OF TORONTO T.C
AB	72	313 Thomas Wunsch	28:14.73	Y	LEGACY ATHLETICS
ON	73	260 Timothy Mustard	28:16.41	Y	ETOBICOKE TRACK & FIELD C
BC	74	257 Reid Muller	28:16.56	Y	GOLDEN EARS ATHLETICS
BC	75	161 Michael Abraha	28:18.93	Y	COASTAL TRACK CLUB
BC	76	247 Adam Marshall	28:19.19	Y	LANGLEY MUSTANGS
ON	77	294 Adam Tait	28:21.05	Y	SAUGEEN TRACK & FIELD CL
BC	78	289 Lorenzo Smith	28:22.14	Y	
ON	79	173 Cole Brown-Lafoy	28:23.05	Y	TORONTO OLYMPIC CLUB
AB	80	179 Eric Chan	28:25.05	Y	MAC TRACK
BC	81	306 Cael Warner	28:25.77	Y	
ON	82	269 Marco Papania	28:27.63	Y	NEWMARKET HUSKIES TRACK C
BC	83	166 Sean Bergman	28:30.09	Y	OKANAGAN ATHLETICS CLUB
AB	84	196 Mitchell Dore	28:31.17	Y	
ON	85	191 Kyle Denomme	28:31.82	Y	WINDSOR LEGION TRACK & FI
ON	86	229 Josh Kellier	28:32.99	Y	WINDSOR LEGION TRACK & FI
BC	87	293 Nathan Tadesse	28:35.86	Y	
	88	194 Rowan Doherty	28:37.81	Y	

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BC	1997	16					
	89	186	Luke Deighan	28:41.40	Y	NEWMARKET HUSKIES TRACK C	
ON	1995	18					
	90	207	Thomas Gallagher	28:41.65	Y	NEWMARKET HUSKIES TRACK C	
ON	1998	15					
	91	200	Ehab El -Sandali	28:42.23	Y	ETOBICOKE TRACK & FIELD C	
ON	1997	16					
	92	270	Matthew Pardo	28:44.82	Y	WINDSOR LEGION TRACK & FI	
ON	1997	16					
	93	236	Yousuf Lahaye	28:48.45	Y	TORONTO OLYMPIC CLUB	
ON	1997	16					
	94	242	James Lorenzen	28:50.76	Y	TISDALE TRACK & FIELD CLU	
SK	1996	17					
	95	303	Matthew Viveiros	28:51.32	Y	NEWMARKET HUSKIES TRACK C	
ON	1995	18					
	96	163	Jake Armstrong	28:52.35	Y	U OF C ATHLETICS CLUB	
AB	1997	16					
	97	251	Dakota McGovern	28:55.69	Y	NORWESTERS TRACK & FIELD	
BC	1998	15					
	98	230	Jack Kennedy	28:57.39	Y	ETOBICOKE TRACK & FIELD C	
ON	1996	17					
	99	279	Ben Richardson	29:03.03	Y	NEWMARKET HUSKIES TRACK C	
ON	1995	18					
	100	168	Sebastian Blair	29:03.48	Y	NEWMARKET HUSKIES TRACK C	
ON	1996	17					
	101	275	Michael Quick	29:04.82	Y	CALGARY INTERNATIONAL	
AB	1995	18					
	102	165	Cooper Bentley	29:07.32	Y		
AB	1997	16					
	103	232	Bobby King	29:08.25	Y	Central Toronto Athletic	
ON	1997	16					
	104	284	Joshua Shanks	29:11.06	Y	SAINT JOHN TRACK & FIELD	
NB	1996	17					
	105	300	Brennan Undseth	29:17.48	Y	CALTAF ATHLETIC ASSOCIAT	
AB	1996	17					
	106	282	Anthony Serban	29:19.64	Y	NANAIMO & DISTRICT TRACK	
BC	1997	16					
	107	164	Miles Avalos	29:20.07	Y	ETOBICOKE TRACK & FIELD C	
ON	1997	16					
	108	202	Derrick Evans	29:22.88	Y	EDMONTON HARRIERS	
AB	1996	17					
	109	259	Adam Murray	29:30.92	Y	OKANAGAN ATHLETICS CLUB	
BC	1997	16					
	110	283	Christopher Serban	29:31.13	Y	NANAIMO & DISTRICT TRACK	
BC	1997	16					
	111	268	Reid Palmer	29:36.87	Y	LONDON WESTERN T. F. C.	
ON	1996	17					
	112	201	Adam Epp	29:37.73	Y	MAC TRACK	
AB	1994	19					
	113	255	Alex Montesano	29:39.22	Y	NEWMARKET HUSKIES TRACK C	
ON	1998	15					
	114	222	Dylan Holmes	29:46.04	Y	WINDSOR LEGION TRACK & FI	
ON	1995	18					
	115	187	Steve Dejager	29:46.27	Y	SAUGEEN TRACK & FIELD CL	
ON	1997	16					
	116	171	Thomas Branderhorst	29:49.37	Y	SAUGEEN TRACK & FIELD CL	
ON	1996	17					
	117	211	Jordan Gin	29:52.50	Y		
BC	1996	17					
	118	240	Colin Long	29:52.74	Y	Central Toronto Athletic	
ON	1997	16					
	119	298	Curtis Thompson	29:57.88	Y	MAC TRACK	
AB	1997	16					

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120	254	Peter Mitchell	30:01.21	Y VALLEY ROYALS TRACK & FIE
BC	1996	17		
121	225	Miles Huynh	30:07.64	Y
BC	1998	15		
122	311	Mackenzie Wong	30:14.53	Y VANCOUVER THUNDERBIRDS
BC	1994	19		
123	246	Joren Manz	30:15.39	Y WOLVES ATHLETICS CLUB
AB	1994	19		
124	237	Brant Lauweryssen	30:17.26	Y CALTAF ATHLETIC ASSOCIAT
AB	1996	17		
125	162	Brett Andres	30:20.43	Y MAC TRACK
AB	1995	18		
126	195	Kyle Dong	30:24.20	Y MAC TRACK
AB	1995	18		
127	190	Connor Dennehy	30:25.49	Y
BC	1997	16		
128	302	Dean Vanherpe	30:34.97	Y LONDON WESTERN T. F. C.
ON	1997	16		
129	309	Jordan Wilson	30:56.47	Y SUNSHINE COAST ATHLETICS
BC	1996	17		
130	272	Coleman Pete	30:58.10	Y RIVERSDALE ATHLETICS TRAC
SK	1996	17		

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Prov	Year	Us		
=====	=====	=====	=====	=====
=====	=====	=====	=====	=====
131	206	Ryan Fuller	31:01.43	Y VALLEY ATHLETICS
NS	1996	17		
132	214	Luke Groulx	31:06.25	Y
ON	1995	18		
133	312	Carter Wood	31:13.00	Y Central Toronto Athletic
ON	1997	16		
134	301	Jelmer Van Den Hadelkamp	31:27.85	Y CALTAF ATHLETIC ASSOCIAT
AB	1996	17		
135	198	Brammon Edwards	31:50.59	Y RIVERSDALE ATHLETICS TRAC
SK	1997	16		
136	265	Bailey Ostrander	32:01.65	Y
AB	1997	16		
137	170	Joel Branderhorst	32:24.85	Y SAUGEEN TRACK & FIELD CL
ON	1998	15		
138	174	Andrew Bustard	32:48.58	Y U OF C ATHLETICS CLUB
AB	1997	16		

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